

ASSOCIATION FOR REPRODUCTIVE AND FAMILY HEALTH (ARFH)



**Annual
Report
2021**



ARFH
Working Together, Building a Healthier Future

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OUR FOUNDERS, BOARD AND LEADERSHIP TEAM



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President Emeritus &
Co-founder, ARFH



Mrs Grace E. Delano
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Prof. Adeyemi O. Adekunle
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Dr Jerome O. Mafeni
Chair, Board of Directors, ARFH



Dr Kehinde Osinowo PhD, MSc
Chief Executive Officer, ARFH

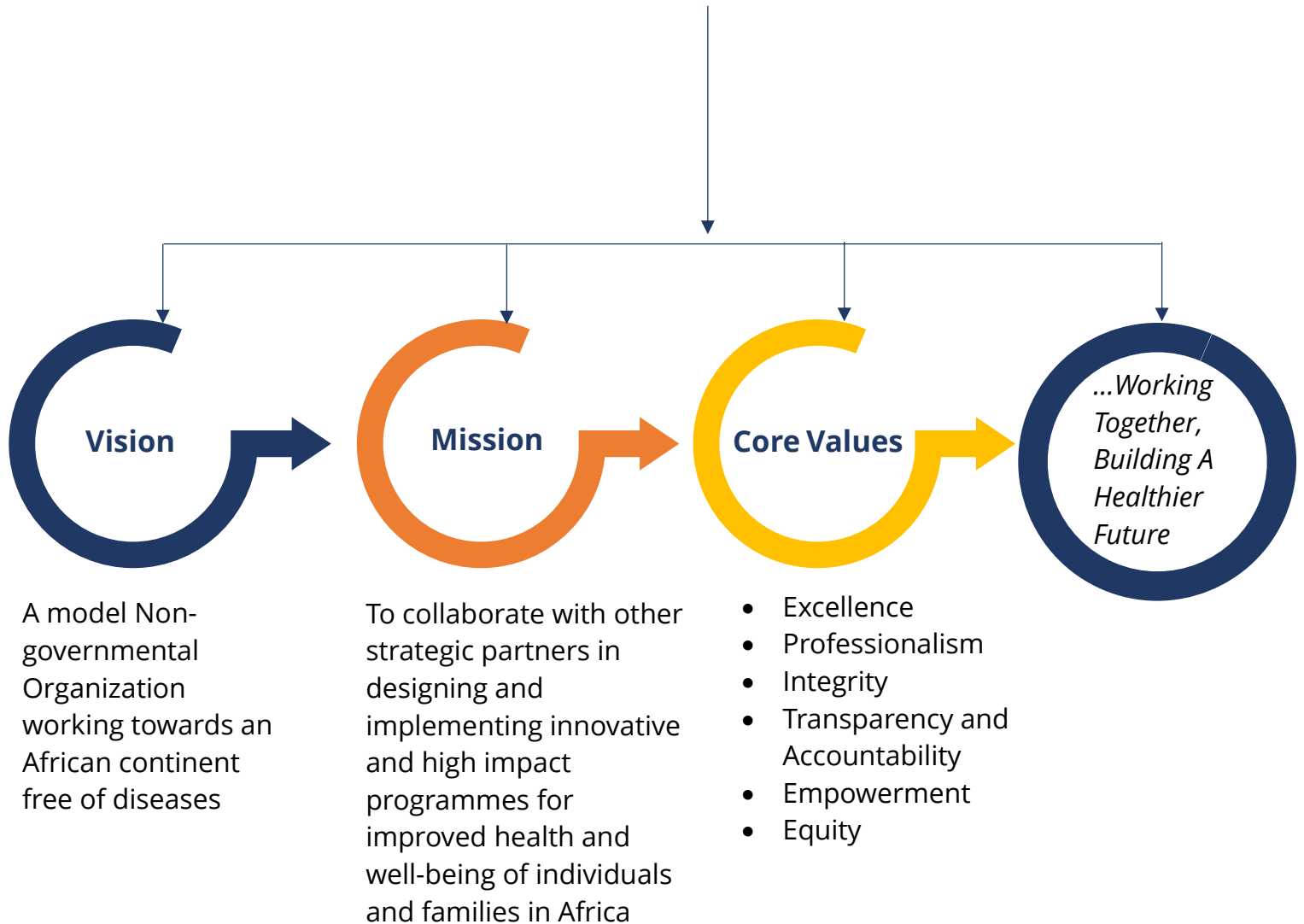


Mr Joseph Majiyagbe FCA
Director of Finance &
Administration, ARFH



ARFH

Working Together, Building a Healthier Future





Dr. (Mrs) Kehinde Osinowo MSc, PhD
Chief Executive Officer
Association for Reproductive and Family Health (ARFH)

MESSAGE FROM OUR CEO

Our Impact in 2021 further reflects our mission driven commitment of collaboration with Government and other strategic partners towards designing and implementing innovative and high impact programmes for improved health and well-being of individuals and families in Africa.

As a leading not-for-profit and non-governmental organization, we implemented several pressing public health programmes that made a difference in the lives of hundreds of thousands of vulnerable populations across different communities in Nigeria. Some of the projects implemented cut across family planning, HIV/AIDS, OVC, TB, Nutrition, Gender-Based Violence and Systems strengthening.

In the face of COVID-19 pandemic, we adapted, remained resolute and supported Government at various levels in curbing the spread of the disease.

Worthy of note was the official launching of the USAID supported Integrated Child Health and Social Services Award (ICHSSA-2) project in Lagos, where ARFH with support from USAID, conferred the Award of “Grand Ambassador for OVC” on the First Lady of Lagos State, Dr. (Mrs) Ibijoke Sanwo-Olu, in recognition of her immense contributions towards the alleviation of the plight of Orphans and Vulnerable Children in Lagos State.

The laudable achievements recorded in 2021 would not have been possible without the valued support of Board of Directors, Donors, GoN, Implementing Partners and a critical mass of committed staff, who strived to ensure quality, and efficient service delivery to the beneficiaries. We will continue to leverage support from Stakeholders, as we work towards an African continent free of diseases.

OUR 2021 IMPACT BY NUMBERS



369,130

Increase in DMPA-SC/SI total uptake



426,534

Presumptive TB cases were identified and tested

41,700

TB cases diagnosed and placed on treatment



93,337

Children and caregivers reached with age appropriate and need-based services in Lagos and Edo States



340,544

Persons were screened for HIV



10,116

Children living with HIV/PLHIV were identified and linked to treatment for adherence and viral suppression



155

Village Savings and Loan Associations formed (7 Adolescents and 148 Caregivers) with 2,613 members



N43,178,330

Total savings



N8,062,750

Given out as loans to members



Increased advocacy to state partners and key stakeholders which resulted in effective partnership, creation of enabling environment and unhindered access to communities

1,979,240

Children between 6-59 months were supplemented with VAS

18,751

Adolescents and Caregivers were reached with 10 hours of gender norms intervention, GBV prevention messages and screening

13,969

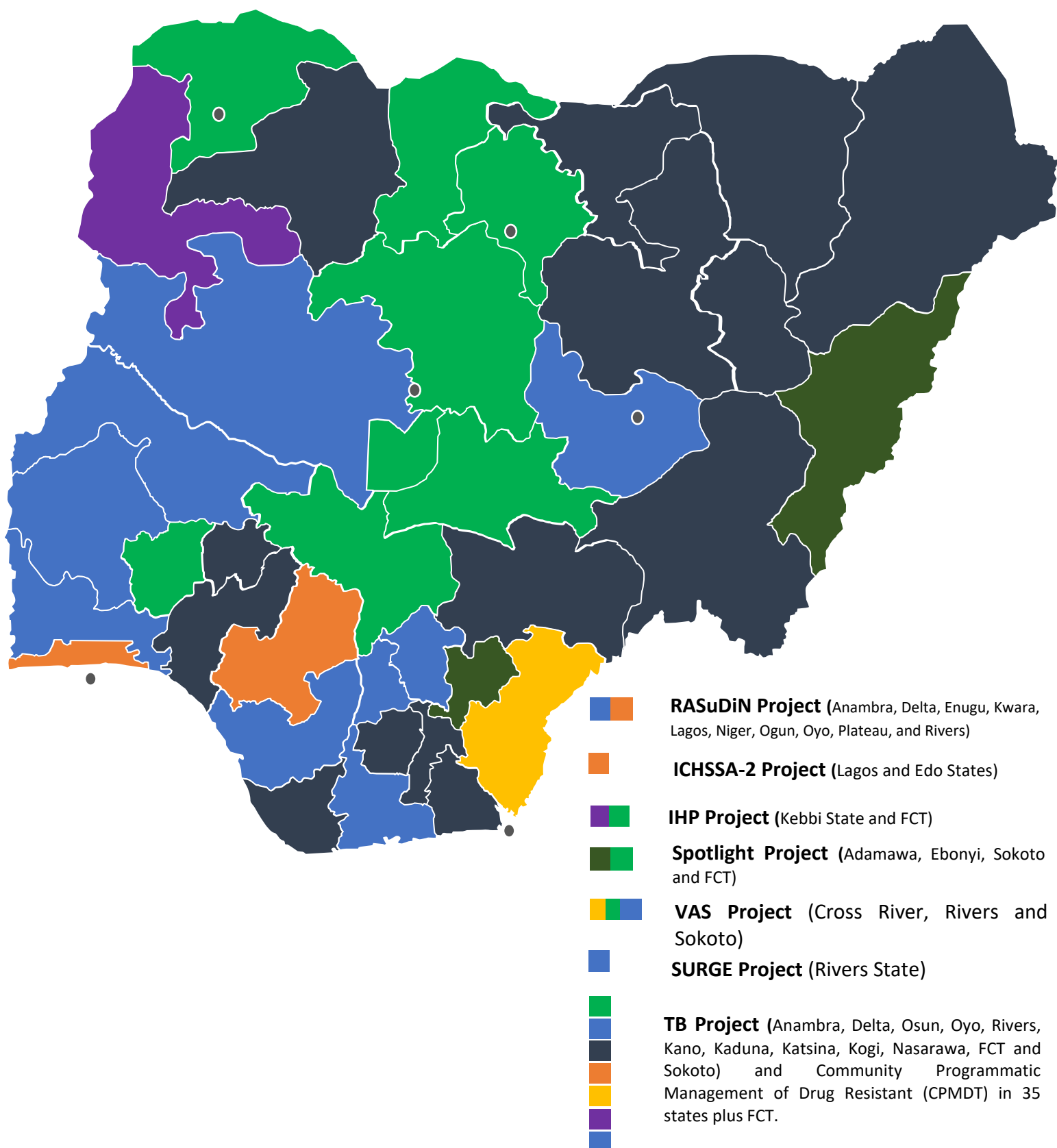
Secondary school students reached with information on SGBV and referral by teachers and service providers

901

Health Care Providers from FCT trained



OUR PROJECT SPREAD



Resilient & Accelerated Scale-up of DMPA-SC/SI in Nigeria (RASuDiN) Project



DMPA-SC/SI has been identified as the game-changer for increasing access to FP, especially in hard-to-reach communities.



RASuDiN Project

The RASuDiN Project continued to demonstrate the feasibility of expanding access to Family Planning (FP) method uptake, increase self-care among women of reproductive age (WRA) and improve continuation rate of DMPA-SC/SI in 10 Nigerian states- Anambra, Delta, Enugu, Kwara, Lagos, Niger, Ogun, Oyo, Plateau, and Rivers.

One of the uniqueness of the project is to strategically introduce DMPA-SC self-injection (SI) as a potential to overcome the barriers women of reproductive age face in accessing and adopting self-care family planning services.

Implementation Approaches



Stakeholder engagement



Capacity building



Demand Generation



Service Delivery
(both at facilities and communities)



Evidence-based research activities in collaboration with other implementing partners

Key Milestones

28%



Social Mobilization

Increase in the number of people reached through social mobilization activities in year 2021 (493,638) when compared to year 2020 (316,730).

6.6%



DMPA-SC/SI

Increase in DMPA-SC/SI total uptake from 337,680 clients in year 2020 to 360,130 clients in year 2021.



Self-Injection

>3 fold

Self-Injection also recorded over 3-fold increase from 11,060 clients in year 2020 to 35,784 clients in year 2021 across the 10 implementing states.



Key Milestones



Strategic focus which increased youth access to DMPA-SC/SI and roll-out of service delivery among out-of-school youths in three (3) LGAs each of two (2) pilot states – Oyo and Ogun states.



Introduction and conduct of cluster meetings which encouraged: (i) peer-to-peer learning among service providers, (ii) total saturation, (iii) training and retraining of FP providers, and (iv) on-the-job training, supportive supervision and mentoring.



Supported the Federal Ministry of Health and other Partners on the roll-out of the National Self-Care Guidelines including DMPA-SC/SI in Nigeria.



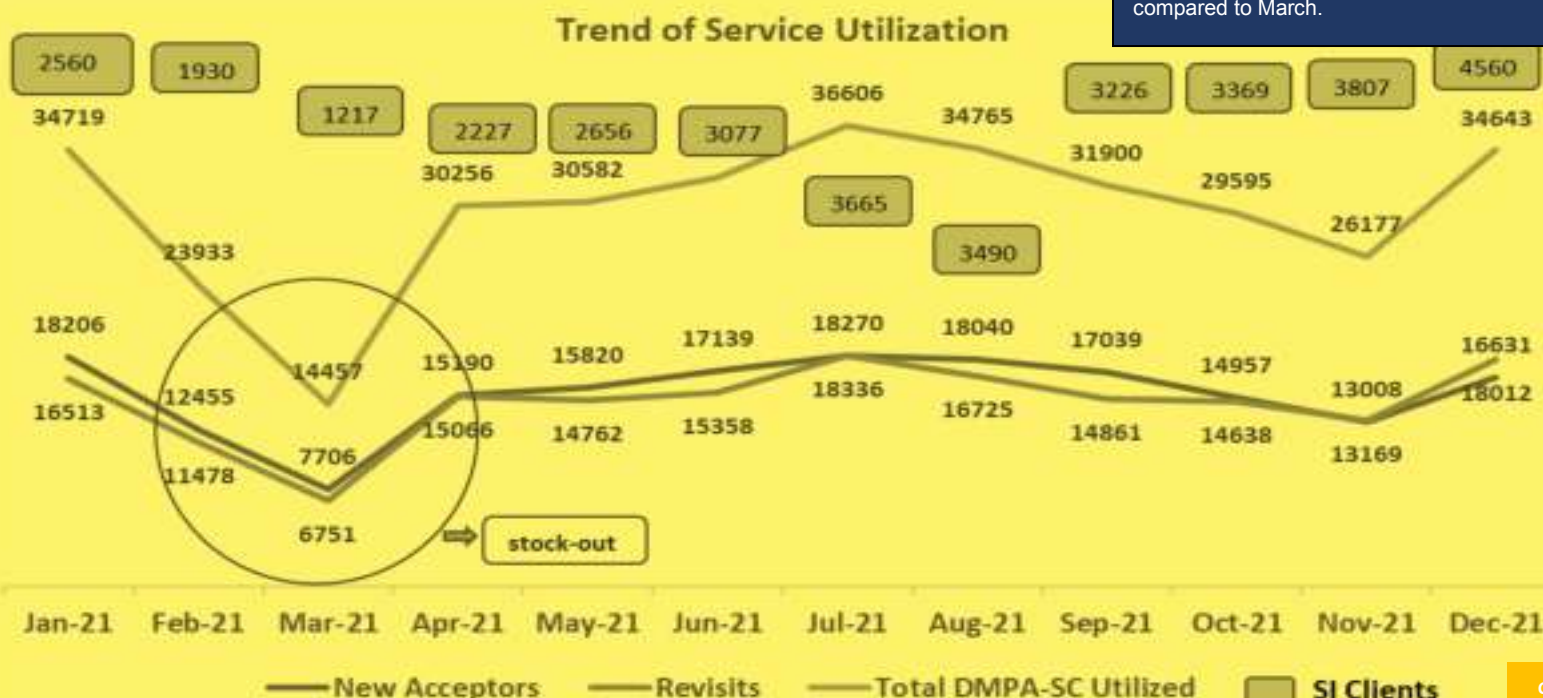
Rivers State Primary Health Care Development Board (RSPHCB) approved and released the sum of three hundred thousand naira (N300,000.00) for the procurement of commodities. This procurement served as a stop-gap measure during the national stock out of commodities; the RASuDiN team supported the RSPHCB to procure DMPA-SC/SI from the Society for Family Health (SFH) at cost price

35,784

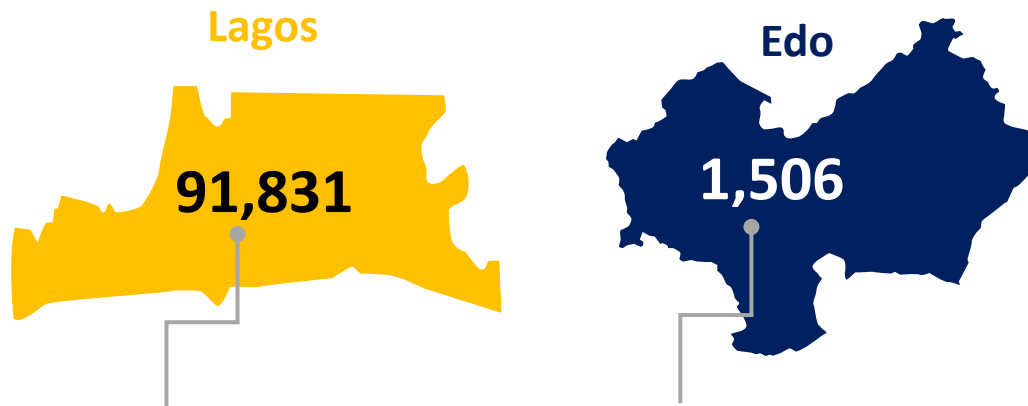
Women were on SI in 2021 with over half (63%; 22,697) of these clients reached and provided with SI services by the CORPs and 37% (13,087) from the facility-based providers. This suggests direct-to-client access at the community level holds greater promise than facility channels in closing the access gap, preventing thousands of unplanned pregnancies and addressing the unmet need for FP



This figure shows a sharp decline in total utilization among WRA in February and March 2021 due to the national stock-out of commodities in the country. However, with the supply of commodities through the intervention of the project in February 2021 and FMOH towards the end of March 2021, there was a significant increase (109%) in service utilization in April 2021 when compared to March.



Integrated Child Health and Social Services Award (ICHSSA-2) Project



Children and caregivers reached with age appropriate and need-based services in Lagos and Edo States



Presentation of Award to the First Lady of Lagos State, Dr. (Mrs) Ibijoke Sanwo-Olu. She is flanked to the right by the President Emeritus of ARFH, Prof. O.A. Ladipo and the USAID ICHSSA-2 AOR, Mrs. Doreen Magaji

ICHSSA-2 Project

The Integrated Child Health and Social Services Award (ICHSSA-2) is a 5-year project being implemented by the Association for Reproductive and Family Health (ARFH) in a consortium with FHI 360 and Project Hope with funding from United States Agency for International Development (USAID). The Project was formally launched in Lagos on July 6, 2021 by USAID, with the First Lady of Lagos State, Her Excellency, Dr. (Mrs) Ibijoke Sanwo-Olu, as the Special Guest of Honour. The project works in partnership with 13 Community-based organizations (CBOs) implementing in

the twenty-four USAID-supported priority LGAs in Lagos and Edo States.

The eleven supported LGAs in Lagos State are; Agege, Ajeromi, Apapa, Badagry, Ikorodu, Kosofe, Lagos Island, Lagos Mainland, Ojo, Shomolu and Surulere while the thirteen supported LGAs in Edo State are Akoko-edo, Egor, Esan Central, Esan North East, Esan South East, Esan West, Etsako east, Etsako West, Oredo, Orhionmwon, Ovia South, Owan East, Owan West. The project goal is to mitigate the impact of HIV/AIDS on Orphans and Vulnerable Children (OVC) and their families.

Project Objectives

Increase access of Orphans and Vulnerable Children (OVC) and their households to quality care, protection, and support services

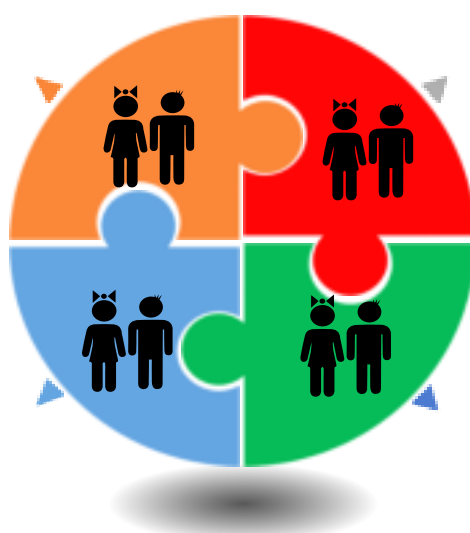
Improve the capacity of Communities to protect, and care for OVC with a specific focus on their rights

Healthy

HIV Case finding, linkage to treatment, adherence assessment counselling, support to viral load suppression, nutritional counselling and support and linkage to sustainable health insurance etc

Safe

Legal protection, social protection, Psychosocial support etc)



Improve the organizational and technical capacity of CSOs/CBOs, Local and State Governments to offer basic services to OVC and their families and detect and respond to child rights violations

Utilize priority services targeted at specific OVC Sub-population



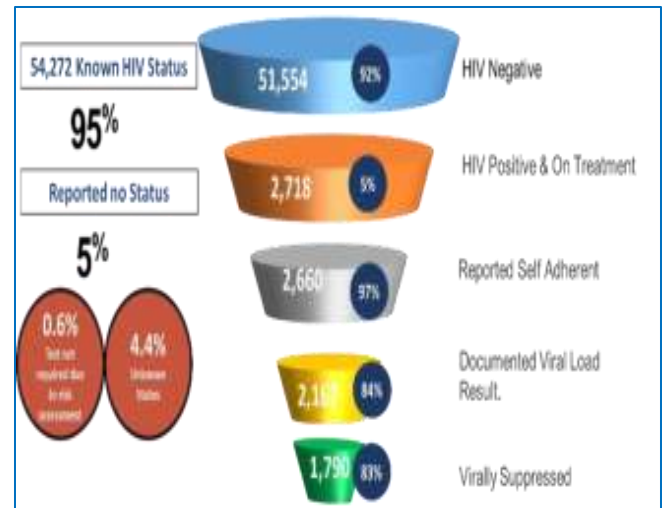
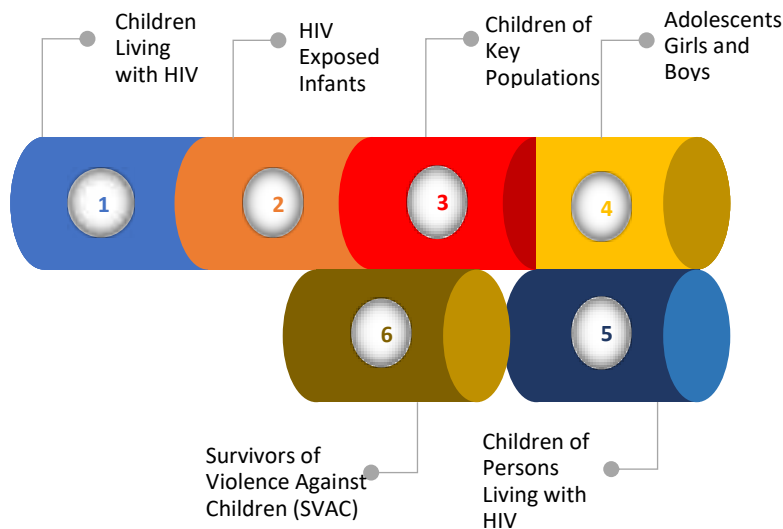
Stable

Household Economic Strengthening- Financial literacy training, Cash transfer linkage to vocational training, provision of business startup, VSLA etc

Schooled

Enrolment and re-enrolment of out of school children back to school, school performance assessment and block grant to schools.

Priority Sub-population



FY 21 95-95-95 Cascade (0-17years)

Key Milestones

29,915

Adolescents reached with key HIV prevention messages

2,718

Children living with HIV and linked to treatment for adherence and viral suppression

680

Beneficiaries provided with business startup materials

3,107

Beneficiaries trained on financial literacy

6

Adolescents and Youth Friendly Centres established/renovated across 6 LGAs

56,733

Children were reached with nutritional education and counselling

7,501

Beneficiaries enrolled on Lagos State Health Insurance Scheme

2,427

Adolescents and caregivers provided with cash transfer

980

Community and religious leaders and adolescents reached through hall meetings and dialogue sessions

2

Block Grant and WASH Interventions commissioned in 2 Schools/LGAs

30,991

Children reached with educational services, enrolment back to school, tracking of school attendance and performance

18,751

Adolescents and caregivers reached with gender norms intervention, GBV prevention messages and screening

155

VSLAs formed with 2,346 members

53,082

unit of COVID-19 PPE and materials (masks and sanitizers) procured and distributed



Developed and disseminated the Lagos State OVC service providers referral directory and 4-year OVC operational plan for State and LGAs

155

Village Savings and Loan Associations formed (7 Adolescents and 148 Caregivers) with 2,613 members

N43,178,330

Total savings

N8,062,750

Given out as loans to members



SURGE Project

Rivers State with 3.8% HIV prevalence rate is one of the State where SURGE is being implemented. As part of the US President's Emergency Plan for AIDS Relief (PEPFAR) contribution to ending the scourge of HIV/AIDS by 2030, the Institute of Human Virology, Nigeria (IHVN); the lead implementer of the SURGE Grant in Rivers state-contracted Idimibok International to implement in SURGE grant in 11 LGAs.

Idimibok a key partner to IHVN sub-contracted implementation in the Ogoni land to Association for Reproductive and Family Health (ARFH). A key objective for ARFH is to contribute to the achievement of the first two 95s in the UNAIDS 95-95-95 target. ARFH commenced implementation of SURGE in the four Ogoni LGAs (Khana, Gokana, Tai and Eleme). ARFH is currently in the second year of implementation.

Project Implementation Strategies



Index case
contact testing



Sexual network
community/Creek
community



Community-
couple testing



Moonlight
testing



Testing at healing
homes and testing of
pregnant women at
faith/traditional birth
attendants centers



Time-differentiated
testing

Key Milestones

229,965

Persons were screened for HIV out of which 110,579 eligible clients were tested; 7,398 new positive cases were identified and linked to care. This gives a positivity yield of 7% which is higher than the state 3.8% prevalence



Advocacy to state partners and key stakeholders which resulted in effective partnership, creation of enabling environment and unhindered access to communities



Re-mapping of new TBAs, Faith-Based Delivery Homes, PMVs, unsupported health facilities, private laboratories and targeted communities for targeted testing of vulnerable individuals and pregnant women and identification of upcoming sites



SURGE Project



Provision of Escort services for all identified positive clients escorted to IHVN supported facilities which enhanced achievement of above 100% linkage rate



Collaboration with the Federal Ministry of Youth and Sports to increase testing by engaging more CTs for better coverage; provision of more incentives and improved yield

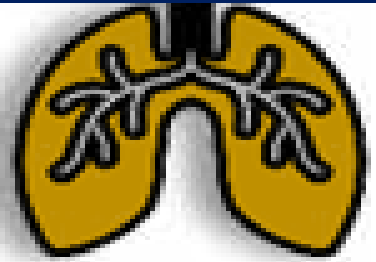


Weekly technical meetings with the LGA teams created a platform for mentorship, review of weekly activities, strategic planning for the week ahead, sharing of successes and challenges thereby improving LGA teams' capacity

MONTH, 2021	TOTAL LGAS SCREENED	TOTAL LGAS VCT TESTED	TOTAL LGAS ICT TESTED	TOTAL LGAS TESTED (ICT/VCT)	TOTAL LGAS VCT POS	TOTAL LGAS ICT POS	TOTAL LGAS (ICT/VCT) POS	TOTAL LGAS REP POS	TOTAL LGAS VAL POS
JAN	18874	6958	1780	8738	460	283	743	743	746
FEB	18738	6291	2389	8680	420	387	807	807	794
MAR	25154	7197	3839	11036	401	540	941	941	937
APR	23317	6742	3250	9992	388	420	808	808	804
MAY	20782	5822	2875	8697	398	392	790	790	788
JUN	16987	5555	2454	8009	279	363	642	642	646
JUL	18399	5802	2329	8131	259	333	592	592	596
AUG	17668	5765	2180	7945	248	247	495	495	498
SEP	16976	6215	1542	7757	219	192	411	411	409
OCT	12380	5715	871	6586	174	160	334	334	334
NOV	22283	12532	1530	14062	254	192	446	446	447
DEC	18407	9524	1423	10947	212	177	389	389	389
TOTAL	229965	84118	26462	110580	3712	3686	7398	7398	7388

Global Fund TB Grant

Nigeria has the 6th largest burden of TB globally and among the countries that committed to achieve United Nations High Level Meeting (UNHLM) targets by 2022. Nigeria is expected to diagnose and treat 1,179, 600 TB cases from 2018-2022 with a target of 316,600 in 2021.



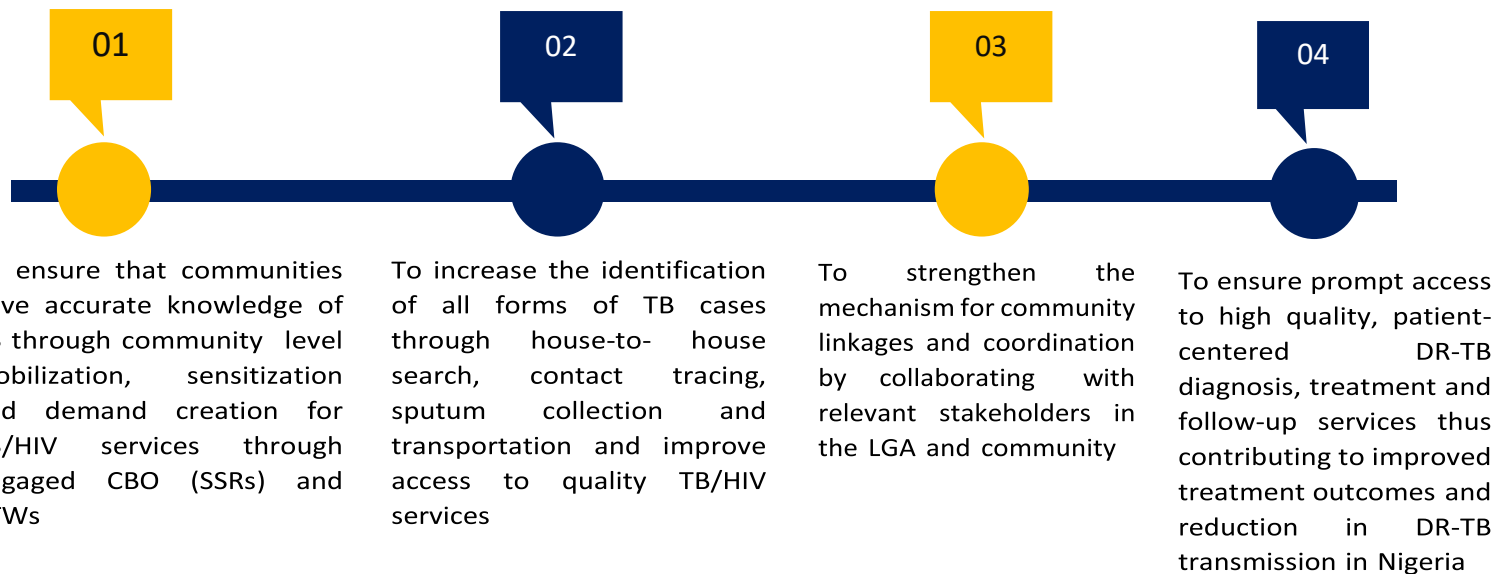
Awareness creation/sensitization during the World TB Day in a secondary school in Kogi State

Association for Reproductive & Family Health (ARFH) has continued to support the National Tuberculosis and Leprosy Control Program (NTBLCP) to achieve their mandate of “Nigeria free of Tuberculosis” and achieve the UNHLM target for Nigeria. With support from the Global Fund (GF) through NTBLCP, ARFH is implementing the NFM3 Active Case Finding (ACF) in twelve states (Anambra, Delta, Osun, Oyo, Rivers, Kano, Kaduna, Katsina, Kogi, Nasarawa, FCT and

Sokoto) and Community Programmatic Management of Drug Resistant (CPMDT) in 35 states plus FCT.

Both the Active Case Finding and DRTB management components are implemented through a well-coordinated collaboration with community-based organizations and trained Community TB workers and treatment supporters.

Project Objectives



Implementation Strategies

Advocacy was a very powerful strategy used within the communities where ACF was implemented considering the level of mis-trust that exist because of various crimes and social vices happening in Nigeria

House to house TB active search remains the essential strategy employed by CTWs in communities across the 12 ACF states, for screening & identification of presumptive TB cases, collection of sputum samples and transfer to the GeneXpert sites for diagnosis



In efforts to ensure good DR TB patient management, engaged CBOs cared and monitored the well-being and treatment compliance of DR TB patients in their homes through counselling on treatment adherence, nutrition, infection control, and other psychosocial support provision

Awareness creation was carried out through the media (state radio), community groups, town-hall meetings, schools and churches

Social mobilization and outreach activities were processes through which accurate TB education were disseminated to communities, increased their knowledge and improved their health seeking behavior

Key Milestones

1,895,557

Households were visited by CTWs in the 12 states

426,534

Presumptive TB cases were identified and tested, representing 110% of the ser target for 2021



41,700

Cases tested positive and were placed on treatment, representing 108% of the set target for 2021

42%

Active Case Finding (ACF) contributed 42% of the TB case notification in the 12 States

Monitoring and Evaluation Report for 2021

Detailed table showing Targets vs Achievements of Community Active TB Case Findings (ACF) by States 2021

S/N	State	Indicators	Target 2021	Achievements	%Performance
1	Anambra	Presumptive TB cases	26,361	19,266	73%
		Positive TB cases	2,636	1,932	73%
2	Delta	Presumptive TB cases	24,529	6,941	28%
		Positive TB cases	2,453	769	31%
3	FCT	Presumptive TB cases	8,518	5,440	64%
		Positive TB cases	852	575	67%
4	Kaduna	Presumptive TB cases	47,607	57,867	122%
		Positive TB cases	4,761	5,764	121%
5	Kano	Presumptive TB cases	66,071	73,789	112%
		Positive TB cases	6,607	6,714	102%
6	Katsina	Presumptive TB cases	51,051	79,505	156%
		Positive TB cases	5,105	7,526	147%
7	Kogi	Presumptive TB cases	27,509	19,992	73%
		Positive TB cases	2,751	2,097	76%
8	Nasarawa	Presumptive TB cases	9,150	7,586	83%
		Positive TB cases	915	675	74%
9	Osun	Presumptive TB cases	28,953	49,048	169%
		Positive TB cases	2,895	4,621	160%
10	Oyo	Presumptive TB cases	36,436	33,633	92%
		Positive TB cases	3,644	3,750	103%
11	Rivers	Presumptive TB cases	36,407	41,951	115%
		Positive TB cases	3,641	4,012	110%
12	Sokoto	Presumptive TB cases	24,489	31,516	129%
		Positive TB cases	2,449	3,265	133%
	Total	Presumptive TB cases	387,081	426,534	110%
		Positive TB cases	38,709	41,700	108%

IHP/USAID Low Dose High-Frequency Family Planning Capacity Building Project

Association for Reproductive and Family Health (ARFH), with funding support from USAID/IHP, implemented a Low Dose High-Frequency Family Planning capacity building project covering Postpartum Family Planning (PPFP), Long-Acting Reversible Contraceptives (LARC) and Depot Medroxyprogesterone Acetate Subcutaneous (DMPA-SC) Injectable in 225 Primary Health Care Facilities across the 21 LGAs of Kebbi state and in 124 Health Facilities of the 6 Area Councils of the FCT.

The project aimed at ensuring the availability of trained competent Health Care Providers to deliver quality Family Planning services to meet the reproductive intentions of women of reproductive age in the state.



Project Objectives

To update a team of health workers at primary health care centers on knowledge and standardize clinical skills to provide Long-Acting Reversible Contraceptives, Depot Medroxyprogesterone Acetate-Sub-cutaneous and Postpartum Family Planning (LARC, DMPA-SC & PPFP)

To introduce the concept of GESI/GBV and Integrate adolescent and youth-friendly services into PHC facilities

To expand the contraceptive mix available in the supported primary health through balanced counselling of clients

To strengthen the capacity of the health workers at primary health care centers and private health facilities on correct and appropriate documentation of service delivery and commodity management and data use for improved services and decision making

Key Milestones

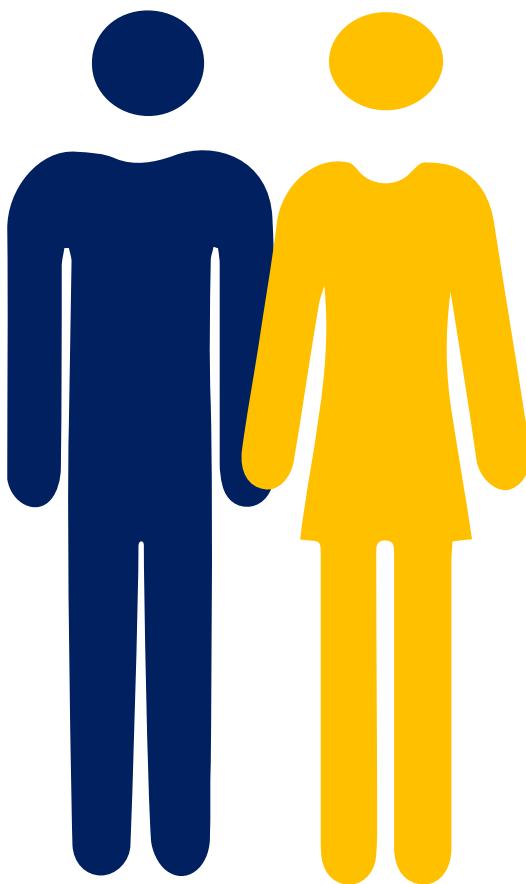
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Male:412, female:396 Health Care Providers in 225 project Primary Health Care Facilities in the 21 LGAs of Kebbi state and 477-(female:362, male:115) from the FCT were trained.

Project sustainability through the continuous engagement of key stakeholders at all levels for their buy-in and active involvement, support, and collaboration with all key stakeholders in the state especially the State Primary Health Care Development Agency and Key Religious and Community leaders including the Ward Development Committee members.

349

(1/Health Facility) PEER Mentors selected for continued high-frequency learning.



Integration of quality Family Planning services into the existing health service delivery in all project Health Care Facilities) thus boosting integrated Family Planning Service.

Availability of Standard Family Planning procedure rooms with all required equipment and consumables in all the project Primary Health Care Facilities, to enhance the delivery of quality Family Planning services including LARC and DMPA-SC/Self Injection.

Availability of a pool of qualified Trainers and Supervisors on LARC including the LGA's Family Planning Supervisors.

Integrated Monitoring and Supportive Supervision to promote providers' proficiency and ensure continuous quality delivery of FP services in all project Service Delivery Points.

Accelerated and Resilient Scale Up of Vitamin A Supplementation (VAS) Project

Association for Reproductive and Family Health (ARFH) is implementing the Accelerated & Resilient Scale-up of Vitamin A Supplementation (VAS) Project in three Nigerian States (Cross River, Rivers and Sokoto) with support from the Nutrition International. The project is an Emergency Response to Covid-19 aimed at reaching children 6-59 months of age with Vitamin A Supplementation through MNCHW

intervention and ad-hoc outreaches with a specific focus on Hard-to-Reach Areas (HTRAs) in the three states from September 2021 to September 2022.

By the project's design, ARFH is to have full coverage of implementation in River's state which accounts for 70% of the total target, 20% in Sokoto state and 10% in Cross River state.

Project Objectives

Map and categorize with state MNCH teams the hard-to-reach areas in Sokoto, Cross rivers, and Rivers State.

Conduct at least 250 outreaches (50 in Cross River state, 50 in Sokoto, and 150 in River's state)

Train at least 1,250 Health workers/Community volunteers for service delivery and data management



Support states and LGA in the microplanning process for outreaches to HTRAs including the development of micro plans and consolidation at state levels

Reach an estimated 863,000 children 6- 59 months per outreach round with VAS across the 3 states

Implementation Approach



Stakeholders' engagement



Effective State and LGA level microplan for outreaches



Capacity Building on service delivery and data management



Social/community Mobilization



Conduct of VAS outreaches in Hard-to-reach Areas



Quality Monitoring and supportive supervision

Key Milestones

1,979,240

Children between 6-59 months were supplemented with VAS within the first quarter

3,555

health care workers and community volunteers were trained for service delivery and data management

2,830

communities reached with demand creation activities through engagement of town announcers and distribution of mobilization letters

1,928

communities mapped and categorized as hard-to-reach

2,922

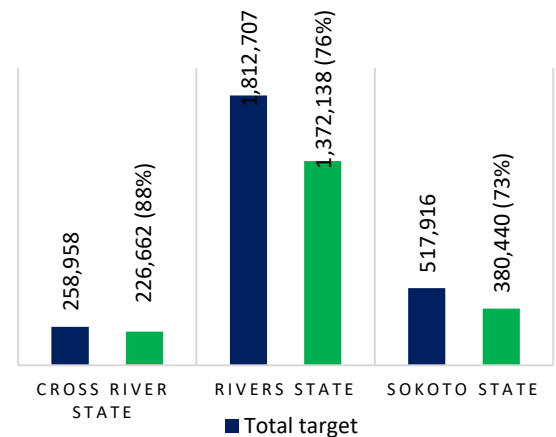
outreaches conducted in riverine, fishing port areas, high-risk terrains, security challenged areas and bad road network communities

756

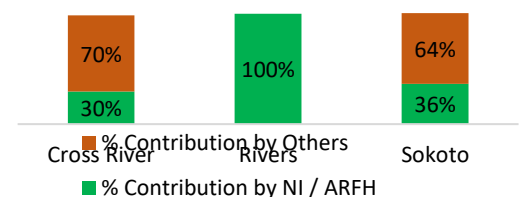
outreach teams were deployed for VAS service delivery

554

Ad-hoc outreaches were conducted in order to mop up the unreached children



% Contribution to States Performance



Spotlight Project

Association for Reproductive and Family Health (ARFH) is a recipient of the Spotlight Initiative grant to implement activity 4.1.12 under the United Nations Education, Scientific and Cultural Organisation (UNESCO). ARFH, therefore, implemented the intervention titled Support collaboration between schools and health facilities to link schools to relevant services on VAWG/SGBV/CSE AND SRH (Basic and Secondary Schools). Though the Spotlight Initiative is in six states, this intervention was only conducted in four states namely Adamawa, Ebonyi, Sokoto and the FCT.

ARFH worked with her partner organisations in the four states. The organisations are TOEKAN Foundation in the FCT; Safe Motherhood Ladies Association in Abakaliki; Life Helpers Initiative in Sokoto and Nancy Amadu Foundation Yola.

The project was also used to strengthen the organisations capacity in SGBV grant design and management. The intervention ran from August 2020 to September 2021 with a two-month no-cost extension.



Project Objectives

- 1 To Empower In-school girls and boys with information and life skills to resist gender-related violence against girls and women
- 2 To increase the access of Abused girls and women to services through referral to health facilities and other SI implementing CSOs.
- 3 To increase access of in and out of school adolescents to ASRH messages through Peer Education and outreach activities
- 4 Capacity strengthening for adolescents through empowerment with ASRH information and life skills as a peer educator
- 5 To promote adoption of positive SRH behaviour among in-school young persons with disability and youth corps members in project states
- 6 To build a crop of empowered Nigerian graduates to fight gender-related violence and harmful practices against women and girls



Number of Project schools by LGAs

State	LGA	No of schools
Adamawa	Mubi	7
	Yola	5
Ebonyi	Abakaliki	6
	Ezza South	9
	Onicha	6
	Ohazara	7
FCT	AMAC	7
	Bwari	4
Sokoto	Binji	5
	Sokoto North	9
Total		65

Key Milestones

383

Teachers trained/
refreshed on FLHE

1,380

Volunteer school boys
and girls trained as
peer educators

3,726

Primary school pupils
reached with
information by teachers

13,969

Secondary school
students reached with
information on SGBV
and referral by teachers
and service providers

447

Clients among school
children linked to
teachers (421) and
facility (26) for services

12,000

Copies of Spotlight
posters distributed across
the six Spotlight States

929

corps members were
empowered with
information on gender
equality, SBV, SRHR and
dangers of HP

Group photograph of corps members sensitisation on SGBV
as part of ARFH's Spotlight Initiative implementation





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Association for Reproductive and Family Health



ARFH Nigeria



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